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| Swimming Pool Rules and Guidelines  **Enter the water only when there is a lifeguard on duty.**  **All swimmers must shower before entering the pool.**  **Swimsuits are required. No cut-offs, jeans, or sweatpants.**  **Children under the age of 14 must be accompanied and supervised by a responsible individual.**  **Children left unsupervised will be dismissed, along with the person responsible for their supervision.**  **Diving is only allowed in designated diving areas.**  **Diving from boards is not permitted at any time.**  **No person shall be allowed to enter the pool while under the influence of alcohol or other drugs.**  **Roughness, running, pushing others, dunking, flips, splashing, snapping of towels, hanging on the separation/lane rope that divides the pool, and any other rough housing actions are not permitted.**  **Air Mattresses, or similar floatation devices are not permitted. Balls, Frisbees, or other throwable equipment are not permitted.**  **Use of starting blocks is not permitted.**  **No Food or Drink Allowed.**  **The pool manager and/or lifeguard on duty has the right to dismiss, suspend, or prohibit from the pool and/or related facilities any person endangering the health, safety, or pleasure of the other pool patrons.** | [PDF](http://www.reccenter.siu.edu/index.php/rssimsportsfaqs?format=pdf) | [Print](http://www.reccenter.siu.edu/index.php/rssimsportsfaqs?tmpl=component&print=1&page=) | [E-mail](http://www.reccenter.siu.edu/index.php/component/mailto/?tmpl=component&link=aed26609961e626f49fb17f1ddb73245539d21c7) |

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