

## Climbing Wall Rules

- Do not step on, hang on, or swing on the ropes
- Shoes must be worn during climbing and belaying
- Participants will be charged for unreturned or damaged equipment
- Personal climbing equipment may be used if inspected for safety
- Remove all jewelry prior to climbing, as it can pose a risk to the climber and belayer
- Loose chalk is not allowed
- Climbing with personal stereos, iPods, etc... is not allowed
- Water is allowed in the climbing area, all other food and drink are discouraged
- Children under the age of 14 must have a parent or guardian present while climbing
- Climbing Wall Staff reserve the right to remove anyone from the climbing area that they deem to be a risk to themselves or others
- Foul or disrespectful language is not allowed
- Slack lining is allowed during open Wall hours, or can be checked out from the Welcome Desk
- Do not slack line in anyone's fall zone
- Do not use metal lead climbing anchors for hand or foot holds

## Bouldering

Rock climbing without the use of equipment. Bouldering is allowed only as high as the top of 4th panel or where marked (approximately 10 ft). Allowed any time the Wellness Center is open.

- Climbers are responsible for finding their own spotters and placing crash pads
- Never boulder in anyone's fall zone
- Do not climb, sit, or stand on top of the ledge in the bouldering area

## Rope Climbing

Rock climbing involving the use of climbing equipment. Various skilled routes enable climbers to ascend to the top of the wall working with a certified belayer. Only allowed during open Wall hours.

- Belayers must pass the Belay Certification Test
- Lead Climbers must pass the Lead Certification Test
- Must be 14 years or older to belay
- Double Figure 8 knot must be used
- Finishing knot must be a Yosemite Follow Through or a Double Fisherman's Knot
- All climbers must perform a belayer-climber, climber-belayer rope cross check prior to climbing
- Climbers are required to use proper climbing commands: "On Belay?", "Belay On", "Climbing?", "Climb on", "Lower?", "Lowering"