Blue Cross and Blue Shield of Minnesota fitness discounts program information

Get rewarded for living healthy
Maybe you’re pretty healthy already, or maybe you’d like to be. Either way, we’ll give you credit for living a healthy lifestyle with the fitness discounts program from Blue Cross and Blue Shield of Minnesota.

Here’s the deal
Here’s a great incentive for Blue Cross members to get, and stay, in shape. Our fitness discounts program will pay $20 towards your monthly fitness center membership dues.

Am I eligible?
1. Check the front of your Blue Cross member ID card for the fitness icon (íc).
3. Click on the “Plan Details” tab and select “Health Support.” Next, select “Fitness Discounts” under the heading “Savings & Discounts” and then select “find a fitness center.” You must be at least 18 years old to participate in the program.

How do I earn $20?
Each qualifying adult must complete at least twelve (12)* workouts at the club per month to receive the $20 discount. You can get up to $40 per household for adults covered under your plan. The amount of the reimbursement cannot exceed the total monthly membership dues. Members are responsible for ensuring that their visit to the fitness center is recorded and that their banking information is up to date.

How do I get my credit?
You will receive a credit to your bank account via an electronic funds transfer. Credits cannot be made to a credit or debit card. There is potentially a two-month lag between the month you complete your workouts and the month you see your credit. For example, if you complete twelve (12)* workouts in February, your participation will be validated in March and your reimbursement will be credited to your bank account in either late March or early April. If you miss a month, your future reimbursements still follow this same schedule.

How do I get started?
Enroll online by going to www.BlueCrossMN.com and signing in. Click on the “Plan Details” tab and select “Health Support.” Next, select “Fitness Discounts” under the heading “Savings & Discounts” and then select “find a fitness center.”

To complete your enrollment, you will need to have the following items on hand:
- Your Blue Cross member ID card. Call the customer service number on the back of your card if you have questions about your eligibility.
- Routing and account number for your checking or savings account (this information is located at the bottom of your check).

* Workout requirements vary. Check your benefit plan for the number of workouts required.