South Dakota State University

Bachelor of Science
Major: Health Studies
2026-2027 Sample 4-Year Plan
Total Degree Requirements: 120 credits

Student _____ **Student ID#** _____ **Student Phone #** _____

Advisor _____ **Minimum GPA** 2.0 **Minor/Career Interest(s)** _____

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years. For official program requirements, please refer to the Undergraduate Catalog.

FIRST YEAR

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHEM 106 or CHEM 112	Chemistry Survey or General Chemistry I	p. for CHEM 106: MATH 101 or higher or placement based on standardized test, c. for CHEM 106: CHEM 106L, p. for CHEM 112: MATH 114 or higher, c. for CHEM 112: CHEM 112L SGR #6	3		
CHEM 106L or CHEM 112L	Chemistry Survey Lab or General Chemistry I Lab	c. CHEM 106 or c. CHEM 112 SGR #6	1		
EHS 119	EHS Seminar	College of EHS Requirement	2		
PSYC 101	General Psychology	SGR #3	3		
SGR #1	Written Communication		3		
SGR #5	Mathematics		3		
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HDFS 210	Lifespan Development	SGR #3	3		
HLTH 220	Social Determinants of Health		3		
NURS 201	Medical Terminology		1		
SGR #2	Oral Communication		3		
SGR #4	Arts & Humanities		3		
SGR #6	Natural Sciences		3		
		Total Credit Hours	16		

SECOND YEAR

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BIOL 221/221L	Human Anatomy & Lab		4		
HLTH 100	Wellness for Life		1		
HLTH 100L	Wellness for Life Lab		1		
MCOM 151	Introduction to Mass Communication	SGR #4	3		
Electives	Student Choice		5		
		Total Credit Hours	14		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BIOL 325/325L	Human Physiology & Lab	p. (BIOL 151 or BIOL 153 or BIOL 221) and (CHEM 106 or CHEM 112)	4		
SGR #1	Written Communication		3		
SGR #3	Social Sciences	Select from the designated list of courses to fulfill civics requirement	3		
Electives	Student Choice		5		
		Total Credit Hours	15		

Information Subject to Change. This is not a contract.

p. = Course Prerequisite
Semester: F = Fall, S = Spring, SU = Summer

THIRD YEAR

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHRD 353	Ethics in the Helping Professions	Fall Only	3	F	
HIM 150	Introduction to Digital Health Informatics/Information Management	Fall Only, Online through Dakota State University	3	F	
HLTH 320	Community Health	p. HLTH 100/100L, Fall Only	3	F	
HLTH 479	Health Promotion Program & Evaluation	Fall Only	2	F	
PSYC 417	Health Psychology	p. PSYC 101, Fall Only	3	F	
		Total Credit Hours	14		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HSC 443	Public Health Science		3		
HSC 452	Interprofessional Issues in Healthcare	Spring Only	3	S	
Electives	Student Choice		10		
		Total Credit Hours	16		

FOURTH YEAR

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BLAW/HLTH 451	Public Health Law	Fall Only	3	F	
CMST 440	Health Communication	Fall Only	3	F	
HSC 480	Telehealth for the Interprofessional Team	Fall Only	3	F	
Electives	Student Choice		6		
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
EHS 319	Life, Love, & Money	College of EHS Requirement	2		
HSC 445	Epidemiology		3		
Electives	Student Choice		10		
		Total Credit Hours	15		

COMMENTS/NOTES

Students from all academic majors can pursue graduation with Fishback Honors College distinction. View the Honors program requirements.

A minimum final grade of "C" is required in all Major Requirement courses.