



Bachelor of Science in Education and Human Sciences

Major: Physical Education Teacher Education

2024-2025 Sample 4-Year Plan

Total Degree Requirements: 120 credits

Student _____ Student ID# _____ Student Phone # _____

Advisor _____ Minimum GPA 2.6 Cum, 2.8 PETE, 2.8 Education Minor/Career Interest(s) _____

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years. For official program requirements, please refer to the [Undergraduate Catalog](#).

FIRST YEAR

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CMST 101	Foundations of Communication (SGR #2)		3		
DANC 130	Dance Fundamentals		1		
EHS 119	EHS Seminar		2		
HDFS 210	Lifespan Development (SGR #3)		3		
SGR #5	Mathematics	MATH 103 or higher	3		
SGR #6	Natural Sciences	BIOL 101 recommended	3		
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
ENGL 101	Composition I (SGR #1)		3		
HLTH 220	Social Determinants of Health		3		
PE 185	Introduction to Teaching Physical Literacy		2	S	
PE 185L	Introduction to Teaching Physical Literacy Lab		1		
SGR #3	Social Sciences		3		
SGR #6	Natural Science		3		
		Total Credit Hours	15		

SECOND YEAR

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
ENGL 201	Composition II (SGR #1)	p. ENGL 101	3		
PE 220	Skills & Fitness Based: Fitness	*instructor consent	2	F	
PE 220L	Skills & Fitness Based: Fitness Lab	*instructor consent	1	F	
PE 221	Skills & Fitness Based: Lifetime Activities/Lab	*instructor consent	2	F	
PE 221L	Skills & Fitness Based: Lifetime Activities Lab	*instructor consent	1	F	
PE 222	Skills & Fitness Based: Tactical Games	*instructor consent	2	F	
PE 222L	Skills & Fitness Based: Tactical Games Lab	*instructor consent	1	F	
PE 275	Science of Movement		2	F	
PE 275L	Science of Movement Lab		1	F	
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BIOL 221/221L	Human Anatomy & Lab	pre-requisite for PE 300	4		
DANC 241	Creative Movement for Kids	spring even years	2	S	
EXS 354	Prevention & Care of Athletic Injuries		2		
EXS 354L	Prevention & Care of Athletic Injuries Lab		1		
PE 342	Experiential Education in PE	*instructor consent	2		
PE 342L	Experiential Education in PE Lab	*instructor consent	1		
PE 360	K-8 Physical Education Methods		2	S	
PE 360L	K-8 Physical Education Methods Lab		1	S	
		Total Credit Hours	15		

Information Subject to Change. This is not a contract.

p. = Course Prerequisite
Semester: F = Fall, S = Spring, SU = Summer



THIRD YEAR

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
EDFN 340	Adolescent Development in Educational Contexts	co-req EDFN 351	3		
EDFN 351	Teaching and Learning I	co-req EDFN 340	1		
HDFS 227 OR HDFS 237	Human Development I: Childhood OR Human Development II: Adolescence		3		
PE 341	Curriculum Development & Evaluation		2	F	
PE 483	Fundamentals and Theories of Coaching		2		
PE 484	Fundamentals and Theories of Coaching: Field Experience		1		
SGR #4	Arts and Humanities		3		
Total Credit Hours			15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
AIS 211	American Indian Culture and Education		3		
EHS 319	Life, Love, and Money		2	S	
ENGL 379	Technical Communication	p. ENGL 201	3		
HLTH 250/L	First Aid/CPR		2		
HLTH 420	K-12 Methods of Health Instructions	*instructor consent	2	S	
PE 300	Applied Sport & Exercise Science		3	S	
PE 352	Adapted Physical Education		2	S	
Total Credit Hours			17		

FOURTH YEAR

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
PE 460	Theories, Strategies, & Application of Management and Instruction	co-req PE 461, PE 478, SEED 450	2	F	
PE 460L	Theories, Strategies, and Application of Management and Instruction Lab	co-req PE 461, PE 478, SEED 450	2	F	
PE 461	Professionalism, Ethics, and Law	co-req PE 478, SEED 450, PE 460/L	2	F	
PE 478	Student Teaching I	co-req PE 461, SEED 450, PE 460/L	2	F	
SEED 450	Reading and Content Literacy	co-req PE 461, PE 478, PE 460/L	2		
SGR #4	Arts and Humanities		3		
Elective	Elective		1		
Total Credit Hours			14		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
PE 479	Student Teaching II	co-req PE 488	7		
PE 488	Student Teaching III	co-req PE 479	7		
Total Credit Hours			14		

COMMENTS/NOTES

Students from all academic majors can pursue graduation with Fishback Honors College distinction. View the [Honors program requirements](#).