



Bachelor of Science

Major: Human Development and Family Studies

2024-2025 Sample 4-Year Plan

Total Degree Requirements: 120 credits

Student _____ Student ID# _____ Student Phone # _____

Advisor _____ Minimum GPA 2.0 Minor/Career Interest(s) _____

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years. For official program requirements, please refer to the [Undergraduate Catalog](#).

FIRST YEAR

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CMST 101	Foundations of Communication (SGR #2)		3		
EHS 119	EHS Seminar		2		
HDFS 150	Early Experience	Fall only	2		
SGR #4	Arts and Humanities		3		
SOC 100	Introduction to Sociology (SGR #3)		3		
		Total Credit Hours	13		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BIOL 101 & 101L	Biology Survey & Lab (SGR #6)		3		
ENGL 101	Composition I (SGR #1)		3		
HDFS 227	Human Development I: Childhood		3		
MATH 103 or 114	SGR #5		3		
PSYC 101	General Psychology (SGR #3)		3		
		Total Credit Hours	15		

SECOND YEAR

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
ENGL 201	Composition II (SGR #1)	p. ENGL 101	3		
GERO 201	Introduction to Gerontology		3		
HDFS 241	Family Relations		3		
SGR #4	Arts and Humanities		3		
SGR #6	Natural Sciences		3		
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HDFS 250	Development of Human Sexuality		3	S/SU	
POLS 100 or ECON 201 or ECON 202	American Government Microeconomics Macroeconomics		3		
Electives			8		
		Total Credit Hours	14		

THIRD YEAR

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
ENGL 379	Technical Communications	p. ENGL 201	3		

Information Subject to Change. This is not a contract.

p. = Course Prerequisite
Semester: F = Fall, S = Spring, SU = Summer



Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HDFS 237	Human Development II: Adolescence		3		
HDFS 247	Human Development III: Adulthood	Online	3		
HDFS 341	Family Theories	p. HDFS 150, HDFS 241	3		
SOC 307	Research Methods I	Fall only	3	F	
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HDFS 255	Program Design, Implementation, and Evaluation	p. HDFS 341 or permission	3		
HDFS 410	Parenting		3	S/SU	
HDFS 425	Family Resiliency		3		
HDFS 435	Family Policy		3		
Electives			3		
		Total Credit Hours	15		

FOURTH YEAR

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CMST 201	Interpersonal Communication		3		
HDFS 441	Professional Issues	Senior Standing	3		
Electives			9		
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
EHS 319	Life, Love, and Money		2	S	
FCSE 421 or CA 321	Adult Education Consumer Needs and Program Funding	CA 321 fall only, f2f only	3		
HDFS 487	Practicum Preparation	p. HDFS 255, HDFS 237, and all 300 level HDFS coursework	1		
SOC 308 or STAT 281	Research Methods II Statistical Methods	STAT 281 – p. MATH 103 or higher SOC 308 Spring only	3		
Elective			3		
		Total Credit Hours	12		

Summer

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HDFS 495	Practicum	p. HDFS 487	6	S/SU	
		Total Credit Hours	6		

COMMENTS/NOTES

Students from all academic majors can pursue graduation with Fishback Honors College distinction. View the [Honors program requirements](#).

A grade of “C” or better is required for all courses with a HDFS prefix.