



**Bachelor of Science in Education and Human Sciences**

**Major: Community and Public Health**

**2024-2025 Sample 4-Year Plan**

**Total Degree Requirements: 120 credits**

Student \_\_\_\_\_ Student ID# \_\_\_\_\_ Student Phone # \_\_\_\_\_  
 Advisor \_\_\_\_\_ Minimum GPA 2.0 Minor/Career Interest(s) \_\_\_\_\_

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years. For official program requirements, please refer to the [Undergraduate Catalog](#).

**FIRST YEAR**

**Fall**

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHEM 106 or CHEM 112	Chemistry Survey or General Chemistry I (SGR #6)	p. for CHEM 106: MATH 101 or higher or placement based on standardized test, c. for CHEM 106: CHEM 106L, p. for CHEM 112: MATH 114 or higher, c. for CHEM 112: CHEM 112L	3		
CHEM 106L or CHEM 112L	Chemistry Survey Lab or General Chemistry I Lab (SGR #6)	c. CHEM 106 or c. CHEM 112	1		
EHS 119	EHS Seminar	College of EHS Requirement	2		
SGR #1	Written Communication		3		
SGR #3	Social Sciences		3		
SGR #5	Mathematics		3		
<b>Total Credit Hours</b>			15		

**Spring**

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHEM 108 or CHEM 114	Organic & Biochemistry or General Chemistry II (SGR #6)	p. for CHEM 108: CHEM 106 or CHEM 112, c. for CHEM 108: CHEM 108L, p. for CHEM 114: CHEM 112 and MATH 114 or higher, c. for CHEM 114: CHEM 114L	3-4		
CHEM 108L or CHEM 114L	Organic & Biochemistry Lab or General Chemistry II Lab (SGR #6)	p. for CHEM 108L: CHEM 106L or CHEM 112L, c. for CHEM 108L: CHEM 108, p. for CHEM 114L: CHEM 112L, c. for CHEM 114L: CHEM 114	1		
HDFS 210	Lifespan Development (SGR #3)		3		
HLTH 220	Social Determinants of Health		3		
NURS 201	Medical Terminology		1		
SGR #2	Oral Communication		3		
<b>Total Credit Hours</b>			14-15		

**SECOND YEAR**

**Fall**

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BIOL 221/221L	Human Anatomy & Lab		4		
HLTH 100	Wellness for Life		1		
HLTH 100L	Wellness for Life Lab		1		
MCOM 151	Intro. To Mass Comm. (SGR #4)		3		
SGR #1	Written Communication		3		
SGR #4	Arts & Humanities		3		
<b>Total Credit Hours</b>			15		

**Spring**

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BIOL 325/325L	Human Physiology & Lab	p. (BIOL 151 or BIOL 153 or BIOL 221) and (CHEM 106 or CHEM 112)	4		

**Information Subject to Change. This is not a contract.**

p. = Course Prerequisite  
 Semester: F = Fall, S = Spring, SU = Summer



Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HLTH 350	Health Education Professional Development		3		
Major Electives	Select from: CA 230, CS 381, EXS 350 or PE 300, HLTH 250/250L, HLTH 495, LDR 210, LDR 435, LMNO 201, NUTR 221 or NUTR 225 or NUTR 315		3		
Electives	Student Choice		6		
<b>Total Credit Hours</b>			15-16		

**THIRD YEAR**

**Fall**

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHRD 353	Ethics in the Helping Professions		3		
HLTH 320	Community Health	p. HLTH 100/100L, Fall Only	3	F	
HLTH 479	Health Promotion Program & Evaluation	Fall Only	2	F	
PSYC 417	Health Psychology	p. PSYC 101, Fall Only	3	F	
Major Electives	Select from: CA 230, CS 381, EXS 350 or PE 300, HLTH 250/250L, HLTH 495, LDR 210, LDR 435, LMNO 201, NUTR 221 or NUTR 225 or NUTR 315		3		
<b>Total Credit Hours</b>			14		

**Spring**

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HDFS 247	Human Development III: Adulthood		3		
HLTH 475	Principles of Community Health Education	Spring Only	3	S	
HSC 443	Public Health Science		3		
NUTR 111	Food, People, and the Environment		3		
Major Electives	Select from: CA 230, CS 381, EXS 350 or PE 300, HLTH 250/250L, HLTH 495, LDR 210, LDR 435, LMNO 201, NUTR 221 or NUTR 225 or NUTR 315		3		
<b>Total Credit Hours</b>			15		

**FOURTH YEAR**

**Fall**

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BLAW/HLTH 451	Public Health Law	Fall Only	3	F	
CMST 440	Health Communication	Fall Only	3	F	
ENGL 379	Technical Communication	p. ENGL 201 or ENGL 283 or ENGL 284	3		
HLTH 405	Health Coaching Concepts and Skills	Fall Only	3	F	
Electives	Student choice		3		
<b>Total Credit Hours</b>			15		

**Spring**

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHRD 475	Motivational Interviewing and Wellness Counseling		3		
EHS 319	Life, Love, & Money	College of EHS Requirement	2		
HSC 445 OR STAT 281	Epidemiology or Introduction to Statistics		3		
Electives	Student choice		7		
<b>Total Credit Hours</b>			15		

**COMMENTS/NOTES**

Students from all academic majors can pursue graduation with Fishback Honors College distinction. View the [Honors program requirements](#). A minimum final grade of “C” is required in all Major Requirement courses.