



**SOUTH DAKOTA BOARD OF REGENTS  
ACADEMIC AFFAIRS FORMS**

**Substantive Program Modification Form**

<b>UNIVERSITY:</b>	<b>SDSU</b>
<b>CURRENT PROGRAM DEGREE:</b>	<b>Master of Science (M.S.)</b>
<b>CURRENT PROGRAM MAJOR/MINOR:</b>	<b>Nutrition &amp; Exercise Sciences</b>
<b>CURRENT SPECIALIZATION:</b>	<b>Exercise Sciences</b>
<b>CIP CODE:</b>	<b>19.0504 – Major CIP 31.0505 – Specialization CIP</b>
<b>UNIVERSITY DEPARTMENT:</b>	<b>School of Health &amp; Consumer Sciences</b>
<b>BANNER DEPARTMENT CODE:</b>	<b>SHCS</b>
<b>UNIVERSITY COLLEGE:</b>	<b>College of Education &amp; Human Sciences</b>
<b>BANNER COLLEGE CODE:</b>	<b>3H</b>

**University Approval**

*To the Board of Regents and the Executive Director: I certify that I have read this proposal, that I believe it to be accurate, and that it has been evaluated and approved as provided by university policy.*

Dennis D. Hedge

Vice President of Academic Affairs or  
President of the University

3/28/2024

Date

**1. This modification addresses a change in:**

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Total credits required within the discipline | <input type="checkbox"/> Total credits of supportive course work       |
| <input checked="" type="checkbox"/> Total credits of elective course work        | <input checked="" type="checkbox"/> Total credits required for program |
| <input type="checkbox"/> Program name  | <input checked="" type="checkbox"/> Existing specialization            |
| <input type="checkbox"/> CIP Code  | <input type="checkbox"/> Other (explain below)                         |
| <input type="checkbox"/> Modification requiring Board of Regents approval        |  |

*Must have prior approval from Executive Director or designee*

**2. Effective date of change: 2024-2025 Academic Year**

**3. Program Degree Level:**

Associate  Bachelor's  Master's  Doctoral

**4. Category:**

Certificate  Specialization  Minor  Major

**5. If a name change is proposed, the change will occur:**

- On the effective date for all students
- On the effective date for students new to the program (enrolled students will graduate from existing program)

Proposed new name:

**6. Is the program being modified associated with a current articulation agreement?**

Yes  No

a. If yes, will the articulation agreement need to be updated with the partner institution following the approve of the program change? Please explain: N/A

**7. Primary Aspects of the Modification:**

<i>Existing Curriculum</i>				<i>Proposed Curriculum (Highlight Changes)</i>			
Pref.	Num.	Title	Cr. Hrs.	Pref.	Num.	Title	Cr. Hrs.
EXS	750	Advanced Exercise Physiology	3	EXS	750	Advanced Exercise Physiology	3
		EXS Electives	9			EXS Electives	9
HNS	708	Applied Research & Evidence Based Analysis	3	HNS	708	Applied Research & Evidence Based Analysis	3
HNS	790	Seminar	1	HNS	790	Seminar	1
NUTR	725	Nutrition and Human Performance	3	NUTR	725	Nutrition and Human Performance	3
		Select one of the following options				Select one of the following options	
		<i>Option A-Thesis</i>				<b>Thesis</b>	
HNS	798	Thesis	5	HNS	798	Thesis	5
		Electives	8			<b>Electives</b>	<b>6</b>
		<i>Option B-Research/Design Paper</i>				<b>Option B-Research/Design Paper</b>	
HNS	788	Research Problems/Projects	3	<b>HNS</b>	<b>788</b>	<b>Research Problems/Projects</b>	<b>3</b>
		Electives	10			<b>Electives</b>	<b>10</b>
		<i>Option C—Coursework only</i>				<b>Non-Thesis</b>	
HNS	796	Field Experience	3	<b>HNS</b>	<b>796</b>	<b>Field Experience</b>	<b>3</b>
		Electives	13			<b>Electives</b>	<b>11</b>
Total number of hours required for degree				Total number of hours required for degree			
		Option A	32			<b>Thesis</b>	<b>30</b>
		Option B	32			<b>Non-Thesis</b>	<b>30</b>
		Option C	35				

**8. Explanation of the Change:**

The SDSU Graduate School has revised SDSU Policy 2:17 Credit Requirements for Graduate Credential Programs. The Graduate School adjusted the language to no longer refer to master’s programs using Option A (Thesis Option), B (Research/Design Paper Option), C (Coursework Only), and D (Coursework Only – Professional Program) but to move forward with Thesis and Non-Thesis options that will require a minimum of 30 credits. The School of Health and Consumer Sciences has requested to change the thesis and non-thesis options for the Nutrition & Exercise Sciences (M.S.) - Nutritional Sciences Specialization and the Exercise Science Specialization from 32 credits (Options A and B) and 35 credits (Option C) to 30 credits. This change will enable the program to be more competitive amongst other similar programs in the nation while still fully meeting program learning outcomes.