



**Anyone can be affected by
substance use but help is available
in Brookings County.**

www.HelpLineCenter.org



**South Dakota
State University**
Department of Allied & Population Health

Stigma, Treatment,
Avoidance and
Recovery in Time



Treatment is available and effective in Brookings County.

Contact us at www.HelpLineCenter.org or dial **2-1-1** and we can answer questions, suggest a treatment facility and help make appointments or organize transportation.

Before you call, gather the information the facility will need such as your address, phone number, type of insurance, your schedule, etc.

Call the facility and make an appointment for substance abuse treatment that works for you. Record the appointment date and time and, if you need to, remember to call the facility to reschedule.

If you need help with transportation, please ask about options during this phone call.

HOTLINES

Brookings Area Mental Health Guide, 2-1-1

Crystal Meth Anonymou— South Dakota, 855-638-4373

S.D. Resource Hotline, 800-920-4343 or text 'opioid' to 898211

ONLINE SOBRIETY SUPPORT

The Phoenix — National Sober Active Companion, thephoenix.org

Face it TOGETHER, Personalized Peer Coaching, faceittogether.org, 855-539-9375

SUBSTANCE USE: EDUCATION & PREVENTION

Brookings Behavioral Health & Wellness, 605-697-2850

COUNSELING

Brookings Counseling Solutions, LLC, 605-697-2850

Clear Perspectives Counseling Associates, Brookings, 605-651-7416

Psychiatric Services, LLC, Brookings, 605-697-5352

RECOVERY

Avera Behavioral Health of Brookings, 605-322-4079

Teen Challenge of the Dakotas, Brookings, 605-693-9753

CONTROLLED SUBSTANCE DISPOSAL

Brookings County Sheriff's Office, Brookings, 605-696-8300

Hy-Vee Pharmacy, Brookings, 605-692-7311

Lewis Drug, Brookings, 605-692-6688

Walmart Pharmacy, Brookings, 605-692-1858

Nelson Drug, Arlington, 605-983-5711



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9-8-8 | Suicide & Crisis Lifeline

A direct connection to compassionate, accessible care & support.