



**Bachelor of Science**

**Major: Human Development and Family Studies**

**2023-2024 Sample 4-Year Plan**

**Total Degree Requirements: 120 credits**

Student \_\_\_\_\_ Student ID# \_\_\_\_\_ Student Phone # \_\_\_\_\_  
 Advisor \_\_\_\_\_ Minimum GPA 2.0 Minor/Career Interest(s) \_\_\_\_\_

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years. For official program requirements, please refer to the [Undergraduate Catalog](#).

**First Year**

**Fall**

| Prefix + Number | Course Title                          | Prerequisites/Comments    | Credits | Semester | Grade |
|-----------------|---------------------------------------|---------------------------|---------|----------|-------|
| CMST 101        | Foundations of Communication (SGR #2) |                           | 3       |          |       |
| EHS 119         | EHS Seminar                           |                           | 2       |          |       |
| HDFS 150        | Early Experience                      |                           | 2       |          |       |
| SGR #4          | Humanities and Arts/Diversity         |                           | 3       |          |       |
| SOC 100         | Introduction to Sociology (SGR #3)    |                           | 3       |          |       |
|                 |                                       |                           |         |          |       |
|                 |                                       | <b>Total Credit Hours</b> | 13      |          |       |

**Spring**

| Prefix + Number | Course Title                   | Prerequisites/Comments    | Credits | Semester | Grade |
|-----------------|--------------------------------|---------------------------|---------|----------|-------|
| BIOL 101 & 101L | Biology Survey & Lab (SGR #6)  |                           | 3       |          |       |
| ENGL 101        | Composition I (SGR #1)         |                           | 3       |          |       |
| HDFS 227        | Human Development I: Childhood |                           | 3       |          |       |
| MATH 103 or 114 | SGR #5                         |                           | 3       |          |       |
| PSYC 101        | General Psychology (SGR #3)    |                           | 3       |          |       |
|                 |                                |                           |         |          |       |
|                 |                                | <b>Total Credit Hours</b> | 15      |          |       |

**Second Year**

**Fall**

| Prefix + Number | Course Title                | Prerequisites/Comments    | Credits | Semester | Grade |
|-----------------|-----------------------------|---------------------------|---------|----------|-------|
| ENGL 201        | Composition II (SGR #1)     | p. ENGL 101               | 3       |          |       |
| GERO 201        | Introduction to Gerontology |                           | 3       |          |       |
| HDFS 241        | Family Relations            |                           | 3       |          |       |
| SGR #4          | Humanities/Arts Diversity   |                           | 3       |          |       |
| SGR #6          | Natural Sciences            |                           | 3       |          |       |
|                 |                             |                           |         |          |       |
|                 |                             | <b>Total Credit Hours</b> | 15      |          |       |

**Spring**

| Prefix + Number                        | Course Title  | Prerequisites/Comments    | Credits | Semester | Grade |
|--|---|---------------------------|---------|----------|-------|
| HDFS 250                               | Development of Human Sexuality                          |                           | 3       | S/SU     |       |
| POLS 100<br>or ECON 201<br>or ECON 202 | American Government<br>Microeconomics<br>Macroeconomics |                           | 3       |          |       |
| Electives                              |   |                           | 8       |          |       |
|  |   |                           |         |          |       |
|  |   | <b>Total Credit Hours</b> | 14      |          |       |



**Third Year**

**Fall**

| Prefix + Number | Course Title                      | Prerequisites/Comments    | Credits | Semester | Grade |
|-----------------|-----------------------------------|---------------------------|---------|----------|-------|
| ENGL 379        | Technical Communications          | p. ENGL 201               | 3       |          |       |
| HDFS 237        | Human Development II: Adolescence |                           | 3       |          |       |
| HDFS 247        | Human Development III: Adulthood  | Online                    | 3       |          |       |
| HDFS 341        | Family Theories                   | p. HDFS 150, HDFS 241     | 3       |          |       |
| SOC 307         | Research Methods I                | Fall only                 | 3       | F        |       |
|                 |                                   |                           |         |          |       |
|                 |                                   | <b>Total Credit Hours</b> | 15      |          |       |

**Spring**

| Prefix + Number | Course Title                                   | Prerequisites/Comments    | Credits | Semester | Grade |
|-----------------|--|---------------------------|---------|----------|-------|
| HDFS 255        | Program Design, Implementation, and Evaluation | p. HDFS 341 or permission | 3       |          |       |
| HDFS 410        | Parenting                                      |                           | 3       | S/SU     |       |
| HDFS 425        | Family Resiliency                              |                           | 3       |          |       |
| HDFS 435        | Family Policy                                  |                           | 3       |          |       |
| Electives       |  |                           | 3       |          |       |
|                 |  |                           |         |          |       |
|                 |  | <b>Total Credit Hours</b> | 15      |          |       |

**Fourth Year**

**Fall**

| Prefix + Number | Course Title                | Prerequisites/Comments    | Credits | Semester | Grade |
|-----------------|-----------------------------|---------------------------|---------|----------|-------|
| CMST 201        | Interpersonal Communication |                           | 3       |          |       |
| HDFS 441        | Professional Issues         | Senior Standing           | 3       |          |       |
| Electives       |                             |                           | 9       |          |       |
|                 |                             |                           |         |          |       |
|                 |                             | <b>Total Credit Hours</b> | 15      |          |       |

**Spring**

| Prefix + Number        | Course Title  | Prerequisites/Comments                                   | Credits | Semester | Grade |
|------------------------|---|--|---------|----------|-------|
| EHS 319                | Life, Love, and Money                                 |  | 2       | S        |       |
| FCSE 421<br>or CA 321  | Adult Education<br>Consumer Needs and Program Funding | CA 321 fall only, f2f only                               | 3       |          |       |
| HDFS 487               | Practicum Preparation                                 | p. HDFS 255, HDFS 237, and all 300 level HDFS coursework | 1       |          |       |
| SOC 308<br>or STAT 281 | Research Methods II<br>Statistical Methods            | STAT 281 – p. MATH 103 or higher<br>SOC 308 Spring only  | 3       |          |       |
| Elective               |   |  | 3       |          |       |
|                        |   |  |         |          |       |
|                        |   | <b>Total Credit Hours</b>                                | 12      |          |       |

**Summer**

| Prefix + Number | Course Title | Prerequisites/Comments    | Credits | Semester | Grade |
|-----------------|--------------|---------------------------|---------|----------|-------|
| HDFS 495        | Practicum    | p. HDFS 487               | 6       | S/SU     |       |
|                 |              |                           |         |          |       |
|                 |              | <b>Total Credit Hours</b> | 6       |          |       |

**Comments/Notes**

Students from all academic majors can pursue graduation with Fishback Honors College distinction. View the [Honors program requirements](#).

A grade of “C” or better is required for all courses with a HDFS prefix.