



Bachelor of Science

Major: Human Development and Family Studies

2023-2024 Sample 4-Year Plan

Total Degree Requirements: 120 credits

Student _____ Student ID# _____ Student Phone # _____

Advisor _____ Minimum GPA 2.0 Minor/Career Interest(s) _____

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years. For official program requirements, please refer to the [Undergraduate Catalog](#).

First Year

Fall

| Prefix + Number | Course Title | Prerequisites/Comments | Credits | Semester | Grade |
|-----------------|---------------------------------------|---------------------------|---------|----------|-------|
| CMST 101 | Foundations of Communication (SGR #2) | | 3 | | |
| EHS 119 | EHS Seminar | | 2 | | |
| HDFS 150 | Early Experience | | 2 | | |
| SGR #4 | Arts and Humanities | | 3 | | |
| SOC 100 | Introduction to Sociology (SGR #3) | | 3 | | |
| | | | | | |
| | | Total Credit Hours | 13 | | |

Spring

| Prefix + Number | Course Title | Prerequisites/Comments | Credits | Semester | Grade |
|-----------------|--------------------------------|---------------------------|---------|----------|-------|
| BIOL 101 & 101L | Biology Survey & Lab (SGR #6) | | 3 | | |
| ENGL 101 | Composition I (SGR #1) | | 3 | | |
| HDFS 227 | Human Development I: Childhood | | 3 | | |
| MATH 103 or 114 | SGR #5 | | 3 | | |
| PSYC 101 | General Psychology (SGR #3) | | 3 | | |
| | | | | | |
| | | Total Credit Hours | 15 | | |

Second Year

Fall

| Prefix + Number | Course Title | Prerequisites/Comments | Credits | Semester | Grade |
|-----------------|-----------------------------|---------------------------|---------|----------|-------|
| ENGL 201 | Composition II (SGR #1) | p. ENGL 101 | 3 | | |
| GERO 201 | Introduction to Gerontology | | 3 | | |
| HDFS 241 | Family Relations | | 3 | | |
| SGR #4 | Arts and Humanities | | 3 | | |
| SGR #6 | Natural Sciences | | 3 | | |
| | | | | | |
| | | Total Credit Hours | 15 | | |

Spring

| Prefix + Number | Course Title | Prerequisites/Comments | Credits | Semester | Grade |
|--|---|---------------------------|---------|----------|-------|
| HDFS 250 | Development of Human Sexuality | | 3 | S/SU | |
| POLS 100 or ECON 201 or ECON 202 | American Government Microeconomics Macroeconomics | | 3 | | |
| Electives | | | 8 | | |
| | | | | | |
| | | Total Credit Hours | 14 | | |



Third Year

Fall

| Prefix + Number | Course Title | Prerequisites/Comments | Credits | Semester | Grade |
|---------------------------|-----------------------------------|------------------------|---------|----------|-------|
| ENGL 379 | Technical Communications | p. ENGL 201 | 3 | | |
| HDFS 237 | Human Development II: Adolescence | | 3 | | |
| HDFS 247 | Human Development III: Adulthood | Online | 3 | | |
| HDFS 341 | Family Theories | p. HDFS 150, HDFS 241 | 3 | | |
| SOC 307 | Research Methods I | Fall only | 3 | F | |
| Total Credit Hours | | | 15 | | |

Spring

| Prefix + Number | Course Title | Prerequisites/Comments | Credits | Semester | Grade |
|---------------------------|--|---------------------------|---------|----------|-------|
| HDFS 255 | Program Design, Implementation, and Evaluation | p. HDFS 341 or permission | 3 | | |
| HDFS 410 | Parenting | | 3 | S/SU | |
| HDFS 425 | Family Resiliency | | 3 | | |
| HDFS 435 | Family Policy | | 3 | | |
| Electives | | | 3 | | |
| Total Credit Hours | | | 15 | | |

Fourth Year

Fall

| Prefix + Number | Course Title | Prerequisites/Comments | Credits | Semester | Grade |
|---------------------------|-----------------------------|------------------------|---------|----------|-------|
| CMST 201 | Interpersonal Communication | | 3 | | |
| HDFS 441 | Professional Issues | Senior Standing | 3 | | |
| Electives | | | 9 | | |
| Total Credit Hours | | | 15 | | |

Spring

| Prefix + Number | Course Title | Prerequisites/Comments | Credits | Semester | Grade |
|---------------------------|---|--|---------|----------|-------|
| EHS 319 | Life, Love, and Money | | 2 | S | |
| FCSE 421 or CA 321 | Adult Education Consumer Needs and Program Funding | CA 321 fall only, f2f only | 3 | | |
| HDFS 487 | Practicum Preparation | p. HDFS 255, HDFS 237, and all 300 level HDFS coursework | 1 | | |
| SOC 308 or STAT 281 | Research Methods II Statistical Methods | STAT 281 – p. MATH 103 or higher SOC 308 Spring only | 3 | | |
| Elective | | | 3 | | |
| Total Credit Hours | | | 12 | | |

Summer

| Prefix + Number | Course Title | Prerequisites/Comments | Credits | Semester | Grade |
|---------------------------|--------------|------------------------|---------|----------|-------|
| HDFS 495 | Practicum | p. HDFS 487 | 6 | S/SU | |
| Total Credit Hours | | | 6 | | |

Comments/Notes

Students from all academic majors can pursue graduation with Fishback Honors College distinction. View the [Honors program requirements](#).

A grade of “C” or better is required for all courses with a HDFS prefix.