

# A NEW JACK'S GUIDE TO STUDENT LIFE AT SDSTATE



SOUTH DAKOTA  
STATE UNIVERSITY

Outside of knowing how to register for courses, access academic supports and find the best route between classroom buildings, there are several other basic needs that all of our new Jackrabbits have. SDState is meant to be your home away from home (especially in your first two years with us), and we want you to count on having those needs met. Let's talk student life at State.

## HOUSING & RESIDENTIAL LIFE

Below are some links to useful information as you prepare to make our residence halls your home.

### CONTACT INFO

[sdsu.reslife@sdsu.edu](mailto:sdsu.reslife@sdsu.edu)  
(605) 688-5148  
[sdsu.edu/housing](http://sdsu.edu/housing)

## INSIDE THIS GUIDE:

- Housing & Residential Life
- Jackrabbit wellness
- MyJacks Card and Hobo Dough
- Parking
- University Bookstore
- Involvement opportunities

### ROOMS AND FURNITURE DIMENSIONS

[sdsu.edu/student-life/housing-residential-life/room-and-furniture-dimensions](http://sdsu.edu/student-life/housing-residential-life/room-and-furniture-dimensions)

Find your residence hall's room dimensions, as well as the furniture pieces and sizes standard in a room.

### HOUSING - WHAT TO BRING

[sdsu.edu/student-life/housing-residential-life/what-bring](http://sdsu.edu/student-life/housing-residential-life/what-bring)

Wondering what you can and cannot have in your residence hall room? Check out the lists in the link!

### MAIL INFORMATION

[sdsu.edu/student-life/housing-residential-life/mail](http://sdsu.edu/student-life/housing-residential-life/mail)

Wondering how to receive a care package from home? Check the link for address format, mailroom hours and other details.

### LAUNDRY FACILITIES

[sdsu.edu/student-life/housing-residential-life/laundry](http://sdsu.edu/student-life/housing-residential-life/laundry)

All halls have washers and dryers – some operated by coins, some by Hobo Dough (Jackrabbit Village machines ONLY accept Hobo Dough). Residents supply their own laundry soap.

### FRIDGE RENTALS

[sdsu.edu/student-life/housing-residential-life/fridge-rentals](http://sdsu.edu/student-life/housing-residential-life/fridge-rentals)

Don't want to buy a fridge for your room? Rent one! SDSU partners with [mycollegefridge.com](http://mycollegefridge.com). See link for more information.

### BEDDING AND CARE PACKAGES

[dormroom.com/](http://dormroom.com/)

SDSU also partners with [dormroom.com](http://dormroom.com) to simplify the ordering of appropriate-sized bedding and other products. Family can also order care packages of goodies through this site to be sent to their student on campus.

### GET INVOLVED WITH YOUR HALL

[sdsu.edu/student-life/housing-residential-life/get-involved](http://sdsu.edu/student-life/housing-residential-life/get-involved)

Help develop the community in your hall and on-campus by attending the programs in your hall or on your floor, by joining your hall's government, or serve the overall Residence Hall Association (RHA).

### DROP AND GO

*Watch your Jacks email*

Want to move a bunch of your stuff in early? Some halls will have the ability for students to schedule a time later in the summer to bring some of their items in ahead of move-in weekend. Watch your Jacks email in late June for details.

## SUMMER TO-DO LIST

**Connect.** Reach out to your roommate to make plans for the fall. Room and roommate assignments are sent only to your Jacks email.

**Change.** Want to make a room change for fall? Participate in the room reassignment process between June 5 and July 7. Information will be sent to your Jacks email regarding this process.

**Drop and Go.** Check your Jacks email in late June for options to move some of your stuff into your hall early.

**Pack.** Begin packing! Review the "What to Bring" link and consider renting a fridge to lighten your load on move in day.

**Move.** Get ready for Meet State! Be on the lookout for information regarding the move in process. We can't wait to welcome new students on Friday, August 18!



# JACKRABBIT WELLNESS.

College is excitement and possibility, opportunity and pride. It's also uncertainty and stress, apprehension and pressure. And it's all wrapped up in one unforgettable experience. You've made plans to attend college, and you're learning how to do well in college now. We also want to remind you to make plans to BE well in college.

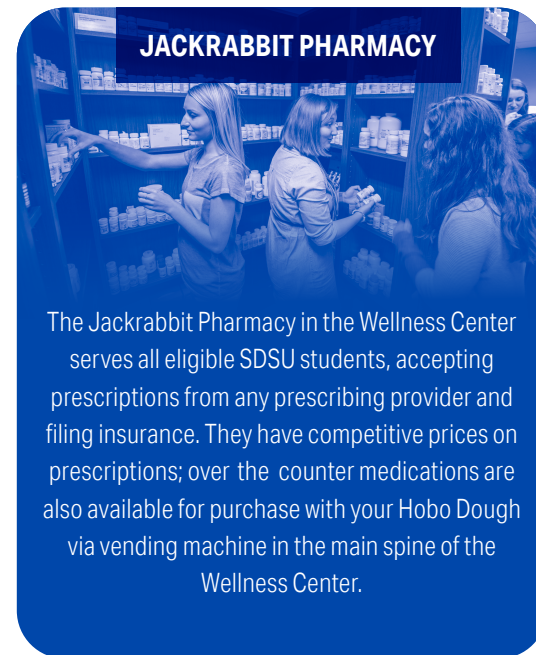
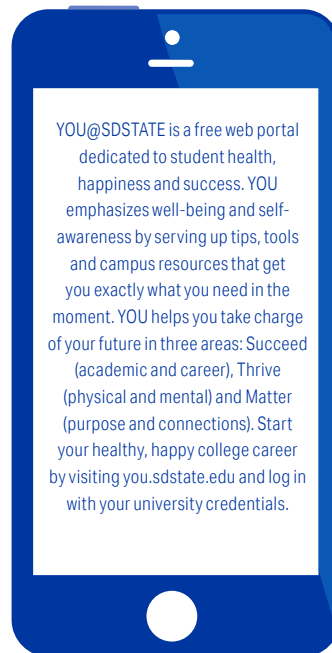
## WE ARE HERE TO HELP

There are people and resources on campus to help you stay well. All you have to do is ask. Here we've highlighted just a handful of the many wellness services you can access at South Dakota State.

## HEALTH CLINIC & COUNSELING

The Health Clinic provides medical care for illnesses and injuries, lab work and physical exams, well women/well male exams, STI testing, immunizations, international travel, and health and nutrition counseling to SDSU students. For these services, the Health Clinic is able to file to many insurance companies. Students can schedule Health Clinic appointments online through MyState.

Counseling Services provides an array of services including group therapy, wellness workshops, and individual counseling to support students with emotional, behavioral, and/or academic concerns. Counselors also provide after-hours crisis response and intervention.



The Jackrabbit Pharmacy in the Wellness Center serves all eligible SDSU students, accepting prescriptions from any prescribing provider and filing insurance. They have competitive prices on prescriptions; over the counter medications are also available for purchase with your Hobo Dough via vending machine in the main spine of the Wellness Center.



## MILLER WELLNESS CENTER

### CENTER SERVICES & PROGRAMS:

- Recreation & Outdoor Program
- Group Fitness & Aquatics
- Nutrition Counseling
- Student Health Clinic
- Counseling Services
- Jackrabbit Pharmacy
- Competitive Sports
- E-sports

### CENTER AMENITIES:

- Fitness Studios
- Indoor Track
- 35 foot Climbing Wall
- Indoor Swimming Pool
- Cardiovascular Equipment
- Weight Training Equipment
- Recreation Equipment Check Out
- Functional Fitness Spaces
- Outdoor Program Space & Rentals

## MILLER WELLNESS CENTER

### CONTACT INFO

Web: [sdstate.edu/miller-wellness-center](http://sdstate.edu/miller-wellness-center)  
Member Portal: [wellnesscenter.sdstate.edu](http://wellnesscenter.sdstate.edu)  
Email: [sdsu.wellnesscenter@sdstate.edu](mailto:sdsu.wellnesscenter@sdstate.edu)

**Fitness & Recreation**  
(605) 697 WELL (9355)

**Health & Counseling**  
(605) 688 4157

**Jackrabbit Pharmacy**  
(605) 688 5410

**After Hours Crisis Response**  
(605) 688 5117 (University Police)



### WELLNESS CENTER APP

Search SDState Wellness Center to download.

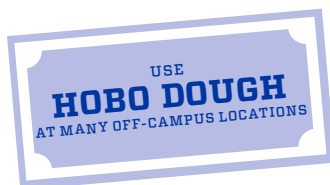
# BUSINESS SERVICES:

## *MyJacks Card, Parking Permits and University Bookstore*

### MYJACKS CARD

[myjackscard.com](http://myjackscard.com)  
Union Main Street  
(605) 688-6943 (MYID)  
[sdsu.cardoffice@sdsu.edu](mailto:sdsu.cardoffice@sdsu.edu)

Your MyJacks card is the official identification and access credential for students, faculty and staff at SDSU. Use it to access your residence hall, use the Wellness Center, check out books, and attend athletic and performing events.



### ESSENTIAL CHECKLIST

- Download your MyJacks Card mobile ID**  
If you didn't upload a photo prior to NSO, visit Card Services in the Union Scan the QR code on this page for mobile set up instructions
- Verify your MyJacks Card is working before leaving NSO**  
After registration tap your card in your registration room to verify it's working correctly
- Access your Hobo Dough**  
Hobo Dough is a separate set of funds stored via your MyJacks credentials Use Hobo Dough for laundry, vending, printing, dining, and off-campus businesses
- Add funds to your Hobo Dough**  
Follow instructions at [myjackscard.com](http://myjackscard.com)

### PARKING PERMITS

[sdstate.edu/parking-services](http://sdstate.edu/parking-services)  
Union Main Street  
(605) 688-7275 (PARK)  
[sdsu.parkinginfo@sdsu.edu](mailto:sdsu.parkinginfo@sdsu.edu)

All students bringing a vehicle to campus must have a parking permit. On-campus students are only allowed a permit for the Northwest Resident lot (Meadows & Hansen) OR Southeast Resident lot (Big East & Hyde).



### ESSENTIAL CHECKLIST

- Purchase a parking permit** (starting Aug 1 for fall)  
Find My Parking Account via [mystate.sdstate.edu](http://mystate.sdstate.edu)
- Register vehicles under your parking permit**  
Register up to four vehicles, but only one may be on campus at a time
- Parking permits can be added to your student bill**  
Access your bill via [mystate.sdstate.edu](http://mystate.sdstate.edu) Student Account Billing Self Service

### UNIVERSITY BOOKSTORE

[JackrabbitCentral.com](http://JackrabbitCentral.com)  
Union Main Street  
(605) 688-4163  
[sdsu.bookstore.custservice@sdsu.edu](mailto:sdsu.bookstore.custservice@sdsu.edu)

SDSU processes all textbooks through a Fulfillment Center. All textbook orders must be placed online at JackrabbitCentral.com. After you complete the order, our staff picks and packages the order. Once processed, you receive an email to confirm your order has shipped or is ready for pick-up. Course supplies, like art kits and goggles, are also available online.



### ESSENTIAL CHECKLIST

- Register for courses**
- Order textbooks online** (starting July 24 for fall)  
After registering for courses, find My Textbooks at [mystate.sdstate.edu](http://mystate.sdstate.edu) Scan the QR code and see "Instruction Files" for details

Scan  
for  
Links



Cards  
Parking  
Bookstore



# GET INVOLVED

Our involvement opportunities are a fun and fundamental part of your SDState experience. We've got something for everybody — so find your something!



## TYPES OF CLUBS & ORGANIZATIONS YOU CAN JOIN

- Agriculture
- Cultural
- Departmental/ Major Related
- Fraternity & Sorority Life
- Health
- Honorary
- Religious
- Service
- Special Interest
- Sport Clubs
- Student Government, Hall Government & Program Boards



### INVOLVEMENT SPOTLIGHT ON TRINITY PETERSON STUDENTS' ASSOCIATION PRESIDENT AGRICULTURAL EDUCATION AND POLITICAL SCIENCE

Welcome to South Dakota State! Although your first few weeks on campus may seem overwhelming, it's also beyond exciting. To make SDSU feel more like home, I recommend getting involved. This could mean joining a student organization like Swing Dancing Club, a music ensemble like the Pride of the Dakotas Marching Band, or even simply attending events in your residence hall or the Student Union, like UPC's Grocery Bingo. You never know who could be waiting at one of those events — maybe it is your next best friend! I wish you the best of luck as you continue your journey at SDSU. Welcome home, Jackrabbits!



The Pride of the Dakotas Marching Band



The Hobo Day Committee works hard to plan SDSU's homecoming celebration and parade each year.



#### Involvement Spotlight on State A Thon

In April 2023, State A Thon revealed their annual fundraising total of \$143,623.23 for Children's Miracle Network.

If you're looking for other ways to enjoy your time outside of the classroom, you don't have to look far. Countless programs take place throughout the year—and many are FREE to SDState students.

UNIVERSITY PROGRAM COUNCIL  
[facebook.com/sdsupc](https://facebook.com/sdsupc)

MUSIC DEPARTMENT  
[sdstate.edu/music](https://sdstate.edu/music)

OFFICE OF STUDENT ACTIVITIES  
[sdstate.edu/campus-life/student-activities](https://sdstate.edu/campus-life/student-activities)

MULTICULTURAL EVENTS  
[facebook.com/MulticulturalAffairsandAccessibility](https://facebook.com/MulticulturalAffairsandAccessibility)

STATE UNIVERSITY THEATRE  
[sdstate.edu/sut](https://sdstate.edu/sut)

DIVISION I ATHLETICS  
[gojacks.com](https://gojacks.com)

INTRAMURALS  
[sdstate.edu/miller-wellness-center/intramural-sports](https://sdstate.edu/miller-wellness-center/intramural-sports)



## INVOLVEMENT STARTS HERE.

### STUDENT ORGS & EVENTS AT SDSTATE

[jacksclubhub.sdstate.edu](https://jacksclubhub.sdstate.edu)

LIKE & FOLLOW!  
SDSU Student Activities

