

Immunizations

Pharmacists are able to provide most of the immunizations recommended for you. Pharmacists have the knowledge to make sure you receive the right immunizations based on current recommendations.

Some immunizations require a prescription, but many doctors are willing to work with your pharmacist to have the immunization given at the pharmacy for your convenience. Ask your pharmacist to help get you started.

Cost-lowering Measures

PHARMACISTS CAN HELP YOU:

- Understand how expensive medications should be taken as prescribed, as they can often help reduce other medical costs.
- Explore less expensive prescription alternatives to reduce costs.
- Enroll in a coupon or benefits program through drug manufacturers.
- Check which insurance plans will best cover the medications you need.
- Substitute generic medications if you are using a brand-name medication.



TO LEARN MORE, VISIT
YourPharmacistKnows.sdstate.edu



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Medication Therapy Management (MTM) & Medication Therapy Review (MTR)

Medication Therapy Management (MTM) is a range of services provided by your pharmacist to help improve your health.

Medication Therapy Review (MTR) is a service that can be completed alone or as a PART of an MTM session.

BENEFITS OF BOTH MTM & MTR CAN INCLUDE:

- Ensuring you get the most benefit from your medications, while reducing any side effects
- Decreased hospital and emergency room visits
- Improvement on when and how you take your medication
- Fitting your medications into your daily schedule



Patient Care & Education

Pharmacists provide you with information for a variety of conditions and diseases.

They can also provide tips for lifestyle adjustment and alternative non-medication advice in partnership with your healthcare team.

Specific education programs include Diabetes Self-Management Education (DSME), the National Diabetes Prevention Program (NDPP), and other programs focused on cardiovascular disease. Ask your pharmacist for more information.

BENEFITS OF EDUCATION FROM YOUR PHARMACIST INCLUDE:

- Having your questions answered and being provided a better understanding of medication use and disease management
- Helping you prevent potential medication problems and reducing unplanned visits to the hospital or clinic



Adherence Tools

There are a variety of tools to help you take the right medications at the right time in the right way, which is also known as medication adherence.

The pharmacy can provide adherence packaging to keep you on track with your medications.

Medication synchronization helps fill all medications on the same day each month.

It reduces the number of trips you take the pharmacy.

BENEFITS TO ADHERENCE TOOLS:

- You are more likely to take your medication correctly
- Taking medications can be more convenient and efficient