**What to Bring:**

* Clothes (pants, shorts, t-shirts, sweatshirts, pajamas, workout clothes, socks, undergarments)
* Shoes (sandals, sneakers, slippers, etc)
* Swimsuit/Swim Trunks
* ANY Medications you need (allergy medicine, asthma inhalers, vitamins, etc)
* Towels, washcloth, bathrobe
* Pillows if you have a favorite
* All personal hygiene products needed (shampoo, lotion, razor, hair products)
	+ Soap & Deodorant
	+ Toothbrush & Toothpaste
	+ Sunscreen
	+ Bug spray
* Shower caddy
* Shower shoes (flip-flops)
* Snacks or spending money for snacks
* Umbrella
* Cell phone
* Cell phone charger

**What NOT to Bring:**

* A negative attitude
* Any illegal substances including, but not limited to: alcohol, tobacco products, and drugs.
* Weapons of any kind including pocket knives
* Candles or incense
* Lighters or matches
* Items or clothing that have obscene images, or promote drugs or alcohol.