



Bachelor of Science in Education and Human Sciences

Major: Community and Public Health

2022-2023 Sample 4-Year Plan

Total Degree Requirements: 120 credits

Student _____ Student ID# _____ Student Phone # _____

Advisor _____ Minimum GPA 2.0 Minor/Career Interest(s) _____

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years. For official program requirements, please refer to the [Undergraduate Catalog](#).

First Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHEM 106/106L or CHEM 112/112L	Chemistry Survey & Lab or General Chemistry I & Lab (SGR #6)	CHEM 106: p. or concurrent enrollment in MATH 095 or higher CHEM 112: p. or concurrent enrollment in MATH 114 or higher	4		
EHS 119	EHS Seminar	College of EHS Requirement	2		
ENGL 101	Composition I (SGR #1)	p. Placement	3		
MATH 114	College Algebra (SGR #5)	p. Placement	3		
PSYC 101	General Psychology (SGR #3)		3		
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHEM 108/108L or CHEM 114/114L	Organic & Biochemistry and Lab or General Chemistry II & Lab (SGR #6)	CHEM 108: p. CHEM 106/106L CHEM 114: p. CHEM 112/112L and MATH 114 or higher	4-5		
HDFS 210	Lifespan Development (SGR #3)		3		
HLTH 220	Social Determinants of Health		3		
NURS 201	Medical Terminology	online	1		
CMST 101	Fundamentals of Speech (SGR #2)		3		
		Total Credit Hours	14-15		

Second Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BIOL 221/221L	Human Anatomy & Lab		4		
ENGL 201	Composition II (SGR #1)	p. ENGL 101	3		
HLTH 100/100L	Wellness for Life/Lab	online	2		
MCOM 151	Intro. To Mass Comm. (SGR #4)		3		
SGR #4	Humanities and Arts/Diversity (SGR #4)		3		
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BIOL 325/325L	Human Physiology & Lab	BIOL 221/221L and (CHEM 106/106L or CHEM 112/112L)	4		
HLTH 350	Health Education Professional Development	online	3		
Electives	Select from: CS 230, HLTH 250/250L, LDR 210, NUTR 221 or NUTR 315		3		
Electives	Student Choice		6		
		Total Credit Hours	15-16		



Third Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHRD 353	Ethics in the Helping Professions		3		
HLTH 479/479L	Health Promotion Program & Evaluation & Lab		2	F	
PSYC 417	Health Psychology	p. PSYC 101	3	F	
HLTH 320	Community Health	p. HLTH 100/100L online	3	F	
Electives	Select from: CS 381, HLTH 250/L, EXS 350, LDR 210, LMNO 201, NUTR 221 or NUTR 315		3		
Total Credit Hours			14		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HDFS 247	Human Development III: Adulthood	online	3		
NUTR 111	Food, People, and the Environment		3		
HLTH 475	Principles of Community Health Education		3	S	
HSC 443	Public Health Science	online	3		
Electives	Select from: CS 230, HLTH 250/L, PE 300, LDR 210, NUTR 221 or NUTR 315		3		
Total Credit Hours			15		

Fourth Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
ENGL 379	Technical Communication	p. ENGL 201 or ENGL 283 or ENGL 284	3		
BLAW/HLTH 451	Public Health Law		3	F	
CMST 440	Health Communication		3	F	
HLTH 405	Health Coaching Concepts and Skills		3	F	
Electives	Student choice		3		
Total Credit Hours			15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
EHS 319	Life, Love, & Money	College of EHS Requirement	2		
HSC 445 OR STAT 281	Epidemiology or Introduction to Statistics		3		
CHRD 475	Motivational Interviewing and Wellness Counseling	online	3		
HLTH 495	Practicum		3	S	
Electives	Student choice		4		
Total Credit Hours			15		

Comments/Notes

Students from all academic majors can pursue graduation with Fishback Honors College distinction. View the [Honors program requirements](#).

A minimum final grade of “C” is required in all Major Requirement courses.