



**SOUTH DAKOTA BOARD OF REGENTS
ACADEMIC AFFAIRS FORMS**

New Course Request

SDSU	Education & Human Sciences / Health & Nutritional Sciences
Institution	Division/Department
Dennis D. Hedge	12/9/2020
Institutional Approval Signature	Date

Section 1. Course Title and Description

Prefix & No.	Course Title	Credits
HLTH 405-505	Health Coaching Concepts and Skills	3

Course Description	
This course will prepare students in the foundational knowledge for health and wellness coaching. The class includes health and wellness coaching structure, processes, and session management.	

Pre-requisites or Co-requisites

Prefix & No.	Course Title	Pre-Req/Co-Req?
None		

Registration Restrictions

None

Section 2. Review of Course

2.1. Will this be a unique or common course?

Unique Course

Prefix & No.	Course Title	Credits
HLTH 420	K-12 Methods of Health Instruction	3
HLTH 475	Principles of Community Health Education	3

Provide explanation of differences between proposed course and existing system catalog courses below:

The proposed course is being developed to cover the required competencies to meet the National Board for Health and Wellness certification. A curriculum map of the current courses offered on the major revealed that the current courses do not cover the steps required to conduct a health and wellness coaching session. This course will include the specifics on health and wellness coaching structure, processes, and session management. HLTH 420 is designed to teach the curriculum content at elementary and secondary levels. It does not provide instruction on how to counsel individuals on health and wellness. HLTH 475 is a unique course and is required in the Community Public Health program. This course provides the student on how to develop community education programing.

Section 3. Other Course Information

3.1. Are there instructional staffing impacts?

No. Schedule Management, explain below: The current instructor for this course is also teaching exercise science courses. The teaching workload for faculty in the department will be shifted.

3.2. Existing program(s) in which course will be offered: Community Public Health (B.S.)

3.3. Proposed instructional method by university: R – Lecture

3.4. Proposed delivery method by university: 018 - Internet Synchronous

3.5. Term change will be effective: Fall 2021

3.6. Can students repeat the course for additional credit? Yes No

3.7. Will grade for this course be limited to S/U (pass/fail)? Yes No

3.8. Will section enrollment be capped? Yes, max per section: No

3.9. Will this course equate (i.e., be considered the same course for degree completion) with any other unique or common courses in the common course system database in Colleague and the Course Inventory Report? Yes No

3.10. Is this prefix approved for your university? Yes No

Section 4. Department and Course Codes (Completed by University Academic Affairs)

4.1. University Department Code: SHNS

4.2. Proposed CIP Code: 31.0501

Is this a new CIP code for the university? Yes No

NEW COURSE REQUEST Supporting Justification for On-Campus Review

Kendra Kattelmann	Kendra Kattelmann	11/18/2020
Request Originator	Signature	Date
Kendra Kattelmann	Kendra Kattelmann	11/18/2020
Department Chair	Signature	Date
Jill Thorngren	Jill Thorngren	11/23/2020
School/College Dean	Signature	Date

1. Provide specific reasons for the proposal of this course and explain how the changes enhance the curriculum.
This course is being proposed to cover some of the required competencies for the National Board for Health and Wellness certification. A curriculum map was developed to evaluate what is currently being taught and the competencies in this course were not met by other courses that are currently being offered.
2. Note whether this course is: Required Elective
3. In addition to the major/program in which this course is offered, what other majors/programs will be affected by this course?
Students in the Nutrition & Dietetics major may complete this course as an elective.
4. If this will be a dual listed course, indicate how the distinction between the two levels will be made.
The graduate level course will include a graduate level requirement to complete a paper on an assigned topic using the current literature in the health and wellness coaching area.
5. Desired section size 25
6. Provide qualifications of faculty who will teach this course. List name(s), rank(s), and degree(s).
September Kirby, MS, RN, Instructor
7. Note whether adequate facilities are available and list any special equipment needed for the course.
This course does not require additional special equipment.
8. Note whether adequate library and media support are available for the course.
There are adequate library and media support available for the course.

9. Will the new course duplicate courses currently being offered on this campus? Yes No

10. If this course may be offered for variable credit, explain how the amount of credit at each offering is to be determined.

N/A