



If you have symptoms of COVID-19



Call the Student Health Clinic at 605-688-4157 and let them know that you are experiencing symptoms of COVID-19.

If outside of clinic hours or outside the Brookings area, seek care at a local health care provider. **Call ahead and let them know you are experiencing symptoms of COVID-19.**

IN THE MEANTIME ...



- **Fill out the SDSU Case Notification Form.**
- **Stay home** and separate yourself from other people.
- **Wear a cloth face covering** if you must be around other people (even at home or in your own residence hall room).
- Look for emergency warning signs for COVID-19.
- Wash your hands frequently or use hand sanitizer.

IF YOU ARE TESTED, YOU ARE PRESUMED POSITIVE AND ARE REQUIRED TO ISOLATE WHILE YOU WAIT FOR YOUR TEST RESULTS.

STUDENTS LIVING ON CAMPUS CAN:

- Return to permanent home immediately for isolation period OR
- Move to Quarantine and Isolation Housing (QIH) for isolation period.

STUDENTS LIVING OFF CAMPUS CAN:

- Return to permanent home for isolation period OR
- Isolate in place in off-campus housing OR
- Move to QIH if you are unable to isolate safely in your current location.

QIH CONTACT:

- 605-688-5148
- Ask for the QIH staff on call.

WHAT TO PACK FOR QIH

- Cell phone, laptop & chargers
- Textbooks, course notes, other needed supplies for courses
- Toiletries: deodorant, toothbrush & paste, shampoo, hand sanitizer, JacksRBack kit
- Medications
- Bedding & pillow
- Books, video games, headphones
- Snacks you have in your room
- SDSU ID and government ID
- Clothing—enough for two weeks

QIH PROVIDES:

- Linens (bedding, towels)
- Fridge and microwave
- 3 meals daily

If you have a positive or inconclusive COVID-19 test

Follow the notification protocol and use the Case Notification Form to **update** SDSU on your positive test.



Notify close contacts (anyone you were within 6 feet of for 15+ minutes 48 hours before you became sick or at any time you were experiencing symptoms) and tell them they may have been exposed.

IN THE MEANTIME ...



- **Stay at your isolation location.**
- **Follow all SDSU isolation and quarantine protocols.**
- **Watch for a call from the SD Department of Health (SD-DOH)** who will reach out for contact tracing.
- **Provide SD-DOH with accurate information** so that they can keep other safe and healthy.



- Monitor your symptoms. **Take your temperature twice a day** and watch for emergency warning signs. Call 911 and notify the operator that you are seeking care for COVID-19.



- SD-DOH will give you guidance on when you can be with others. In general this could be:
 - At least 10 days since symptoms first appeared and
 - At least 24 hours with no fever without fever-reducing medication and
 - Symptoms have improved.

CLOSE CONTACTS

IF YOU HAVE BEEN IDENTIFIED AS A CLOSE CONTACT BY AN INDIVIDUAL WHO HAS TESTED POSITIVE FOR THE SD-DOH, YOU ARE REQUIRED TO QUARANTINE FOR 14 DAYS:

- **Stay home** and separate yourself from other people.
- **Wear a cloth face covering** if you must be around other people (even at home or in your own residence hall room).
- **Fill out the SDSU Case Notification Form.**
- **Choose quarantine housing option** from those on previous page.



Scan this code for more COVID-19 resources and to learn more about COVID-19 at SDSU.