Self-quarantine AND self-monitor

CLOSE CONTACT MEANS:
- Spending prolonged periods in same room
- Direct physical contact - kissing, hugging
- Shared eating or drinking utensils
- Contact with respiratory secretions (cough, sneeze on you)

What should I do if I've been in close contact with someone...

...who has tested positive for COVID-19

...who is being tested?

...who might have been exposed...

...who has been in close contact with someone ELSE who might have been exposed?

...and IS experiencing symptoms?

...but is NOT experiencing any symptoms (yet)?

Self-quarantine AND self monitor

Self-monitor AND practice social distancing

Practice social distancing

WHAT IF I HAVE SYMPTOMS? Call your healthcare provider.

Developed from an infographic by the City of Sioux Falls.

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