



Bachelor of Science in Education and Human Sciences

Major: Nutrition and Dietetics

2020-2021 Sample 4-Year Plan

Total Degree Requirements: 120 credits

Student _____ Student ID# _____ Student Phone # _____

Advisor _____ Minimum GPA 2.00 Minor/Career Interest(s) _____

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years. For official program requirements, please refer to the [Undergraduate Catalog](#).

First Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHEM 112/112L	General Chemistry I & Lab (SGR #6)	p. MATH 114 or higher	4		
EHS 119	EHS Seminar		2		
MATH 114	College Algebra (SGR #5)		3		
NURS 201	Medical Terminology		1		
NUTR 141/141L	Food Principles & Lab		4		
		Total Credit Hours	14		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHEM 114/114L	General Chemistry II & Lab (SGR #6)	p. CHEM 112/112L and MATH 114	4		
ENGL 101	Composition I (SGR #1)		3		
NUTR 111 OR HLTH 220	Food, People and the Environment Social Determinants of Health		3	S	
PSYC 101	General Psychology (SGR #3)		3		
SPCM 101	Fundamentals of Speech (SGR #2)		3		
		Total Credit Hours	16		

Second Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BIOL 221/221L	Human Anatomy & Lab		4		
CHEM 326/326L	Organic Chemistry I & Lab	p. CHEM 114/114L	4		
HMGD 251	Food Service Sanitation		1	F	
NUTR 315	Human Nutrition	p. CHEM 112/112L & CHEM 114/114L	3		
NUTR 380	Food Service Operations & Purchasing Management		3	F	
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BIOL 325/325L	Physiology & Lab	p. BIOL 221/221L and CHEM 112/112L	4		
CHEM 328/328L	Organic Chemistry II & Lab	p. CHEM 326/326L	4	S	
ENGL 201	Composition II (SGR #1)	p. ENGL 101	3		
NUTR 323	Nutrition Across the Lifecycle	p. NUTR 315	3	S	
HLTH 100/100L	Wellness for Life & Lab		2		
		Total Credit Hours	16		

Information Subject to Change. This is not a contract.

p. = Course Prerequisite
Semester: F = Fall, S = Spring, SU = Summer



Third Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHEM 464	Biochemistry	p. CHEM 328/328L	3	F	
HDFS 210	Lifespan Development (SGR #3)		3		
NUTR 322	Nutrition Assessment	p. NUTR 315	3	F	
MGMT 360	Organization and Management		3		
CHRD 475	Motivational Interviewing and Wellness Counseling		3		
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HSC 445 OR STAT 281	Epidemiology Introduction to Statistics	 p. MATH 103 or higher	3		
NUTR 381/381L	Quantity Food Production & Service & Lab	p. NUTR 141/141L & NUTR 380	4		
NUTR 422	Advanced Human Nutrition & Metabolism	p. NUTR 315, BIOL 221/221L, & BIOL 325/325L	4	S	
NUTR 487	Transition to Professional World		1	S	
SGR #4	Arts and Humanities/Diversity		3		
		Total Credit Hours	15		

Fourth Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
NUTR 423/423L	Medical Nutrition Therapy I & Lab	p. NUTR 422	3	F	
NUTR 341/341L	Food Science for Nutrition & Dietetics & Lab	p. NUTR 141/141L	4	F	
NUTR 424/424L	Community Nutrition & Lab	p. NUTR 323	3	F	
NUTR 460	Nutrigenomics and Molecular Nutrition	p. BIOL 325, NUTR 315, NUTR 422	3	F	
Elective	Elective		1		
		Total Credit Hours	14		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
SGR #4	Arts and Humanities/Diversity		3		
EHS 319	Life, Love, & Money		2	S	
HRM 460	Human Resource Management	p. MGMT 360	3		
MICR 231/231L	General Microbiology & Lab	p. CHEM 112/112L	4		
NUTR 425/425L	Medical Nutrition Therapy II & Lab	p. MATH 102	3	S	
		Total Credit Hours	15		

Comments/Notes

Students from all academic majors can pursue graduation with Fishback Honors College distinction. View the [Honors program requirements](#).

A minimum final grade of “C” is required in all NUTR prefix required courses in the major to graduate.

All students successfully graduating from SDSU with a B.S. degree in Nutrition and Dietetics and the courses required to receive a verification statement must have a “B” or better in NUTR 315 Human Nutrition and a “C” or better in all majors (course with NUTR prefix) coursework to receive the verification statement.