# Bachelor of Science in Education and Human Sciences

**Major: Nutrition and Dietetics**

**2020-2021 Sample 4-Year Plan**

**Total Degree Requirements: 120 credits**

<table>
<thead>
<tr>
<th>Student ID#</th>
<th>Student Phone #</th>
</tr>
</thead>
<tbody>
<tr>
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**Advisor**

Minimum GPA: 2.00

Minor/Career Interest(s): __________

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years. For official program requirements, please refer to the [Undergraduate Catalog](#).

## First Year

### Fall

<table>
<thead>
<tr>
<th>Prefix + Number</th>
<th>Course Title</th>
<th>Prerequisites/Comments</th>
<th>Credits</th>
<th>Semester</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHEM 112/112L</td>
<td>General Chemistry I &amp; Lab (SGR #6)</td>
<td>p. MATH 114 or higher</td>
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<tr>
<td>EHS 119</td>
<td>EHS Seminar</td>
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<tr>
<td>MATH 114</td>
<td>College Algebra (SGR #5)</td>
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<tr>
<td>NURS 201</td>
<td>Medical Terminology</td>
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<tr>
<td>NUTR 141/141L</td>
<td>Food Principles &amp; Lab</td>
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Total Credit Hours: 14

### Spring

<table>
<thead>
<tr>
<th>Prefix + Number</th>
<th>Course Title</th>
<th>Prerequisites/Comments</th>
<th>Credits</th>
<th>Semester</th>
<th>Grade</th>
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<tbody>
<tr>
<td>CHEM 114/114L</td>
<td>General Chemistry II &amp; Lab (SGR #6)</td>
<td>p. CHEM 112/112L and MATH 114</td>
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<tr>
<td>ENGL 101</td>
<td>Composition I (SGR #1)</td>
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<tr>
<td>NUTR 111 OR HLTH 220</td>
<td>Food, People and the Environment</td>
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<tr>
<td>PSYC 101</td>
<td>General Psychology (SGR #3)</td>
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<tr>
<td>SPCM 101</td>
<td>Fundamentals of Speech (SGR #2)</td>
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Total Credit Hours: 16

## Second Year

### Fall

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<th>Prefix + Number</th>
<th>Course Title</th>
<th>Prerequisites/Comments</th>
<th>Credits</th>
<th>Semester</th>
<th>Grade</th>
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<tbody>
<tr>
<td>BIOL 221/221L</td>
<td>Human Anatomy &amp; Lab</td>
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<tr>
<td>CHEM 326/326L</td>
<td>Organic Chemistry I &amp; Lab</td>
<td>p. CHEM 114/114L</td>
<td>4</td>
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<tr>
<td>HMG 251</td>
<td>Food Service Sanitation</td>
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<tr>
<td>NUTR 315</td>
<td>Human Nutrition</td>
<td>p. CHEM 112/112L &amp; CHEM 114/114L</td>
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<tr>
<td>NUTR 380</td>
<td>Food Service Operations &amp; Purchasing Management</td>
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Total Credit Hours: 15

### Spring

<table>
<thead>
<tr>
<th>Prefix + Number</th>
<th>Course Title</th>
<th>Prerequisites/Comments</th>
<th>Credits</th>
<th>Semester</th>
<th>Grade</th>
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<tbody>
<tr>
<td>BIOL 325/325L</td>
<td>Physiology &amp; Lab</td>
<td>p. BIOL 221/221L and CHEM 112/112L</td>
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<tr>
<td>CHEM 328/328L</td>
<td>Organic Chemistry II &amp; Lab</td>
<td>p. CHEM 326/326L</td>
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<tr>
<td>ENGL 201</td>
<td>Composition II (SGR #1)</td>
<td>p. ENGL 101</td>
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<td>NUTR 323</td>
<td>Nutrition Across the Lifecycle</td>
<td>p. NUTR 315</td>
<td>3</td>
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<tr>
<td>HLTH 100/100L</td>
<td>Wellness for Life &amp; Lab</td>
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Total Credit Hours: 16

Information Subject to Change. This is not a contract.

p. = Course Prerequisite

Semester: F = Fall, S = Spring, SU = Summer
### Third Year

#### Fall

<table>
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<tr>
<th>Prefix + Number</th>
<th>Course Title</th>
<th>Prerequisites/Comments</th>
<th>Credits</th>
<th>Semester</th>
<th>Grade</th>
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<tbody>
<tr>
<td>CHEM 464</td>
<td>Biochemistry</td>
<td>p. CHEM 328/328L</td>
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<td>HDFS 210</td>
<td>Lifespan Development (SGR #3)</td>
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<td>NUTR 322</td>
<td>Nutrition Assessment</td>
<td>p. NUTR 315</td>
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<td>MGMT 360</td>
<td>Organization and Management</td>
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<td>CHRD 475</td>
<td>Motivational Interviewing and Wellness Counseling</td>
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**Total Credit Hours**: 15

#### Spring

<table>
<thead>
<tr>
<th>Prefix + Number</th>
<th>Course Title</th>
<th>Prerequisites/Comments</th>
<th>Credits</th>
<th>Semester</th>
<th>Grade</th>
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<tbody>
<tr>
<td>HSC 445 OR STAT 281</td>
<td>Epidemiology Introduction to Statistics</td>
<td>p. MATH 103 or higher</td>
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<tr>
<td>NUTR 381/381L</td>
<td>Quantity Food Production &amp; Service &amp; Lab</td>
<td>p. NUTR 141/141L &amp; NUTR 380</td>
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<tr>
<td>NUTR 422</td>
<td>Advanced Human Nutrition &amp; Metabolism</td>
<td>p. NUTR 315, BIOL 221/221L, &amp; BIOL 325/325L</td>
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<td>NUTR 487</td>
<td>Transition to Professional World</td>
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<tr>
<td>SGR #4</td>
<td>Arts and Humanities/Diversity</td>
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**Total Credit Hours**: 15

### Fourth Year

#### Fall

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<tr>
<th>Prefix + Number</th>
<th>Course Title</th>
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<th>Credits</th>
<th>Semester</th>
<th>Grade</th>
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<tbody>
<tr>
<td>NUTR 423/423L</td>
<td>Medical Nutrition Therapy I &amp; Lab</td>
<td>p. NUTR 422</td>
<td>3</td>
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<tr>
<td>NUTR 341/341L</td>
<td>Food Science for Nutrition &amp; Dietetics &amp; Lab</td>
<td>p. NUTR 141/141L</td>
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<tr>
<td>NUTR 424/424L</td>
<td>Community Nutrition &amp; Lab</td>
<td>p. NUTR 323</td>
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<td>NUTR 460</td>
<td>Nutrigenomics and Molecular Nutrition</td>
<td>p. BIOL 325, NUTR 315, NUTR 422</td>
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<td>Elective</td>
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**Total Credit Hours**: 14

#### Spring

<table>
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<tr>
<th>Prefix + Number</th>
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<th>Credits</th>
<th>Semester</th>
<th>Grade</th>
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<tbody>
<tr>
<td>SGR #4</td>
<td>Arts and Humanities/Diversity</td>
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<td>EHS 319</td>
<td>Life, Love, &amp; Money</td>
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<tr>
<td>HRM 460</td>
<td>Human Resource Management</td>
<td>p. MGMT 360</td>
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<td>MICR 231/231L</td>
<td>General Microbiology &amp; Lab</td>
<td>p. CHEM 112/112L</td>
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<td>NUTR 425/425L</td>
<td>Medical Nutrition Therapy II &amp; Lab</td>
<td>p. MATH 102</td>
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</tbody>
</table>

**Total Credit Hours**: 15

### Comments/Notes

Students from all academic majors can pursue graduation with Fishback Honors College distinction. View the [Honors program requirements](#).

A minimum final grade of “C” is required in all NUTR prefix required courses in the major to graduate.

All students successfully graduating from SDSU with a B.S. degree in Nutrition and Dietetics and the courses required to receive a verification statement must have a “B” or better in NUTR 315 Human Nutrition and a “C” or better in all majors (course with NUTR prefix) coursework to receive the verification statement.

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