



Bachelor of Science in Education and Human Sciences

Major: Community and Public Health

2020-2021 Sample 4-Year Plan

Total Degree Requirements: 120 credits

Student _____ Student ID# _____ Student Phone # _____

Advisor _____ Minimum GPA 2.0 Minor/Career Interest(s) _____

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years. For official program requirements, please refer to the [Undergraduate Catalog](#).

First Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHEM 106/106L or CHEM 112/112L	Chemistry Survey & Lab or Organic and Biochemistry & Lab (SGR #6)	CHEM 106: p. MATH CHEM 112: p. MATH 114 or higher	4		
EHS 119	EHS Seminar	College of EHS Requirement	2		
ENGL 101	Composition I (SGR #1)	p. Placement	3		
MATH 114	College Algebra (SGR #5)	p. Placement	3		
PSYC 101	General Psychology (SGR #3)		3		
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
CHEM 108 or CHEM 114	Chemistry and Lab (SGR #6)	CHEM 108: p. CHEM 106/L CHEM 114: p. CHEM 112/L and MATH 114 or higher	4		
HDFS 210	Lifespan Development (SGR #3)		3		
HLTH 220	Social Determinants of Health	Department of HNS requirement	3	S	
NURS 201	Medical Terminology		1		
SPCM 101	Fundamentals of Speech (SGR #2)		3		
		Total Credit Hours	14		

Second Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BIOL 221/221L	Human Anatomy & Lab		4		
ENGL 201	Composition II (SGR #1)	p. ENGL 101	3		
HLTH 100/100L	Wellness for Life/Lab		2		
MCOM 151	Intro. To Mass Comm. (SGR #4)		3		
SGR #4	Humanities and Arts/Diversity (SGR #4)		3		
		Total Credit Hours	15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
BIOL 325/325L	Human Physiology & Lab	BIOL 221/L and (CHEM 106/L or CHEM 112/L)	4		
NUTR 315	Human Nutrition	p. CHEM 106 and CHEM 108 or CHEM 112 and CHEM 114	3		
HLTH 320	Community Health	p. HLTH 100/L	3	S	
NUTR 111	Food, People, and the Environment		3		
Elective	Elective		2		

Information Subject to Change. This is not a contract.

p. = Course Prerequisite
Semester: F = Fall, S = Spring, SU = Summer



Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
Total Credit Hours			15		

Third Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HLTH 200	Integrative Holistic Healthcare		3		
HLTH 443	Public Health Science		3		
HLTH 479/479L	Health Promotion Program & Evaluation & Lab		2	F	
PSYC 417	Health Psychology	p. PSYC 101	3		
Electives	Electives		3		
Total Credit Hours			15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HDFS 247	Human Development III: Adulthood		3		
HLTH 350	Health Education Professional Development		3	S	
HLTH 475	Principles of Community Health Education		3	S	
PSYC 358	Behavior Modification	p. PSYC 101	3		
Electives	Electives		3		
Total Credit Hours			15		

Fourth Year

Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
ENGL 379	Technical Communication	p. ENGL 201 or ENGL 283 or ENGL 284	3		
BLAW/HLTH 451	Public Health Law		3	F	
EXS 350	Exercise Physiology	p. BIOL 221/L	3	F	
SPCM 440	Health Communication		3	F	
Electives	Electives		3		
Total Credit Hours			15		

Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
EHS 319	Life, Love, & Money	College of EHS Requirement	2		
HLTH 445	Epidemiology		3		
CHRD 475	Motivational Interviewing and Wellness Counseling		3		
Electives			7		
Total Credit Hours			15		

Comments/Notes

Students from all academic majors can pursue graduation with Fishback Honors College distinction. View the [Honors program requirements](#).