



**SOUTH DAKOTA BOARD OF REGENTS
ACADEMIC AFFAIRS FORMS**

**Revised Course Request: Unique Course
(Substantive Modification)**

SDSU	Kendra Kattelmann	Jill Thorngren	3/2/2020
Institution	Form Initiator	Dean's Approval Signature	Date
	Education & Human Sciences/ Health & Nutritional Sciences		
SDSU	Dennis D. Hedge	Dennis D. Hedge	3/25/2020
Institution	Division/Department	Institutional Approval Signature	Date

Section 1. Existing Course Title and Description

Prefix & No.	Course Title	Credits
EXS 420	Group Exercise and Facility Management	2

Course Description

Students will be introduced to the knowledge, skill and ability necessary to manage a fitness facility. This course will prepare students to sit for the ACSM Group Exercise Certification.

Section 2. Modification(s) Requested

2.1. This modification will include:

Addition of a lab component (*explain below*)

In the past this course was taught only through lectures. However, students were not able to practice what they theoretically learned in the classroom. The lab sessions will help students to think, integrate and develop practical skills along with increasing understanding of the material presented in the classroom in a more dynamic environment.

Prefix & No.	Course Title	Credits
EXS 420L	Group Exercise and Facility Management Lab	0

EXS 420L Course Description

Lab to accompany EXS 420.

If the addition of a lab/lecture component requires a change in pre-requisites or co-requisites, indicate below:

Prefix & No.	Course Title	Pre-Req/Co-Req?
EXS 420L	Group Exercise and Facility Management Lab	Co-Req
EXS 420	Group Exercise and Facility Management	Co-Req

EXS 420L Instructional method: L- Laboratory

Will the grade for this lab component be limited to S/U (pass/fail)? Yes No

Will section enrollment for the lab component be capped? Yes, max per section: 30

Lab component will be capped at 30. Lecture will not be capped.

2.2. Add justification for all changes noted above:

In the past this course was taught only through lectures. However, students were not able to practice what they theoretically learned in the classroom. The lab sessions will help students to think, integrate and develop practical skills along with increasing understanding of the material presented in the classroom in a more dynamic environment.

Section 3. Other Course Information

3.1. Will this course equate (i.e., be considered the same course for degree completion) with any other unique or common courses in the common course database (Colleague and the Course Inventory Report)? Yes No

Section 4. Department and Course Codes (Completed by University Academic Affairs)

<input type="checkbox"/> Change in University Department Code	<u>Current</u> SHNS	to	<u>New</u> No change
<input type="checkbox"/> Change in CIP Code	31.0504	to	No change