



**SOUTH DAKOTA BOARD OF REGENTS
ACADEMIC AFFAIRS FORMS**

New Course Request

SDSU	Education & Human Sciences / Health & Nutritional Sciences
Institution	Division/Department
Dennis D. Hedge	12/11/2018
Institutional Approval Signature	Date

Section 1. Course Title and Description

Prefix & No.	Course Title	Credits
EXS 420	Group Exercise & Facility Management	3

Course Description

Students will be introduced to the knowledge, skill and ability necessary to manage a fitness facility. This course will prepare students to sit for the ACSM Group Exercise Certification.

Pre-requisites or Co-requisites

Prefix & No.	Course Title	Pre-Req/Co-Req?
EXS 400	Exercise Testing and Prescription	Pre-Req

Registration Restrictions

None

Section 2. Review of Course

2.1. Was the course first offered as an experimental course? Yes No

2.2. Will this be a unique or common course?

Unique Course

Prefix & No.	Course Title	Credits
KSM 450	Sports Facility & Event Management	3

Provide explanation of differences between proposed course and existing system catalog courses below:

KSM 450 is designed to assist sport management students to understand the management of sport venues anywhere in the world and to plan a complete sporting event. The course will also evaluate additional functions of the facility, which relate to risk and event management on a global basis.

EXS 420 will be geared to exercise science students to teach them the knowledge skills and abilities necessary to become a certified group exercise instructor serve in a management position at a fitness facility. While some concepts may overlap in facility safety, Exercise Science students are required to learn specific accreditation standards for fitness facility safety such as the amount of square footage required in group exercise rooms per participant, and other detail specific to exercise science students.

There were no other courses that identified group exercise instruction and fitness facility management.

Section 3. Other Course Information

3.1. Are there instructional staffing impacts?

No. Replacement of PE 395 Practicum (3 cr.)

Effective date of deletion: 6/1/19

- 3.2. Existing program(s) in which course will be offered: Exercise Science (B.S.)
- 3.3. Proposed instructional method by university: R - Lecture
- 3.4. Proposed delivery method by university: 001 - Face to Face Term Based Instruction
- 3.5. Term change will be effective: Fall 2019
- 3.6. Can students repeat the course for additional credit? Yes, total credit limit: No
- 3.7. Will grade for this course be limited to S/U (pass/fail)? Yes No
- 3.8. Will section enrollment be capped? Yes, max per section: No
- 3.9. Will this course equate (i.e., be considered the same course for degree completion) with any other unique or common courses in the common course system database in Colleague and the Course Inventory Report? Yes No
- 3.10. Is this prefix approved for your university? Yes No

Section 4. Department and Course Codes (Completed by University Academic Affairs)

4.1. University Department Code: SHNS

4.2. Proposed CIP Code: 31.0504

Is this a new CIP code for the university? Yes No

**NEW COURSE REQUEST
Supporting Justification for On-Campus Review**

Jessica Meendering	Jessica Meendering	8/20/2018
Request Originator	Signature	Date
Kendra Kattelmann	Kendra Kattelmann	8/28/2018
Department Chair	Signature	Date
Jane Hegland	Jane Hegland	9/25/2018
School/College Dean	Signature	Date

1. Provide specific reasons for the proposal of this course and explain how the changes enhance the curriculum.
PE 395 Practicum (3 cr.) will be replaced by EXS 420 Group Exercise and Facility Management (3 cr.). PE 395's course title did not accurately reflect the course content. The student learning outcomes are focused on group exercise instruction and fitness facility management. The programs accreditation review suggested the course title should be modified to showcase the skills and abilities students will gain within the course.
2. Note whether this course is: Required Elective
3. In addition to the major/program in which this course is offered, what other majors/programs will be affected by this course?
None
4. If this will be a dual listed course, indicate how the distinction between the two levels will be made.
N/A
5. Desired section size <35
6. Provide qualifications of faculty who will teach this course. List name(s), rank(s), and degree(s).
September Kirby, Instructor, M.S.

7. Note whether adequate facilities are available and list any special equipment needed for the course.

This course requires a group exercise space. We currently utilize SBA 100 (the gym floor in the Barn). We also partner with the Wellness Center to allow students to gain experience shadowing instructors at the wellness center and teaching group exercise classes at the wellness center as part of a practical assignment.

8. Note whether adequate library and media support are available for the course.

Yes, this course will not require new library nor media support.

9. Will the new course duplicate courses currently being offered on this campus?

Yes No

10. If this course may be offered for variable credit, explain how the amount of credit at each offering is to be determined.

N/A