### Section 1. Course Title and Description

<table>
<thead>
<tr>
<th>Prefix &amp; No.</th>
<th>Course Title</th>
<th>Credits</th>
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<tr>
<td>CHRD 705</td>
<td>Motivational Interviewing &amp; Behavior Change Coaching</td>
<td>3</td>
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Course Description:
This course is intended to provide a comprehensive study of the change process as enhanced through Motivational Interviewing. An emphasis will be placed on these concepts as they apply to behavioral changes in various areas including healthy eating, obesity, disordered eating, etc.

### Section 2. Review of Course

Will this be a common or unique course? (select the appropriate option below)

- [x] This course will be a unique course. (Go to Section 3.)

### Section 3. Other Course Information

1. Are there instructional staffing impacts?
   - [x] No, schedule management. Explain: Enhanced curriculum management will allow for this course to be offered without increasing faculty costs.

2. Existing program in which course will be offered: Counseling & Human Resource Development

3. Proposed instructional method: D – Discussion/Recitation
   Provide a brief justification: As a graduate course, this course will be interactive and include group discussion and student presentations.

4. Proposed primary delivery: 001 – Face to Face

5. Term in which change will be effective: Spring 2015

6. Can this course be repeated for additional credit? No

7. Will the grade for this course be limited to S/U (pass/fail)? ____ Yes ____ x No

8. Will section enrollments be capped? Yes, 24 maximum per section

9. Will this course be equated (i.e. considered the same course for degree completion) with any other unique or common course in the course database? ____ Yes ____ x No

10. Is this prefix already approved for your university? ____ X ____ Yes ____ No

### Section 4. To be completed by Academic Affairs

1. University department code: SCHD

2. Proposed CIP code: 42.2803
   Is this a new CIP code for this university? ____ Yes ____ x No