

Section 1. Current Course Title and Description

Prefix & No: AT 442-542  
Course Title: Techniques II  
Credits: 3

Course Description as it currently appears in the system course database:
This course is the second of the intermediate athletic training courses designed to meet all of the guidelines and competencies required by the National Athletic Trainers’ Association. These courses should be taken in sequence. AT 362 includes techniques related to the prevention, recognition, and management of athletic injuries to the upper and lower extremities. Related topics include preseason screening, preparticipation physicals, and appropriate weight training techniques.

Section 2. Modification(s) Requested

1. This modification will include (check all that apply):
   X A change in course description/subject matter content (including pre- and/or co-requisites and/or registration restrictions)

Revised Course Description:
This course is the second of the intermediate athletic training courses designed to meet outcomes and guidelines set forth by the Education Council of the National Athletic Trainers’ Association. These courses should be taken in sequence. AT 442/542 includes topics and techniques related to environmental considerations, nutrition, preseason screening, pre-participation physicals, and appropriate weight training techniques.

Term change will be effective: Spring 2014

2. Provide a justification for all of the changes noted.
The requested changes entail course revisions designed to improve the efficiency and fluidity of the athletic training curriculum.

Section 3. To be Completed by Academic Affairs

University Dept Code: SHNS